

WEEKLY GROUPS @ ONE ROOF

OPEN 9-5 MONDAY-FRIDAY

426 BARRIE ST., KINGSTON ON.



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MONDAY

- Substance Use Counselling: 2-4PM (Kairos)
- Housing 101: 3-330 last Monday of each month (Home Base Housing)
- Life Hacks: 3-5PM

TUESDAY

- New Mentality: 2-6PM (Maltby Centre)

WEDNESDAY

- Education Support: 12-2 (KLC)
- Counselling: 1-3PM (Resolve)
- Employment Services: 1-3PM (ReStart)
- Fuse LGBTQ+ Youth Group: 4-6PM (age 12-19 only)

THURSDAY

- Employment Services: 1-3PM (KEYS)
- Women's Empowerment Group: 3-5PM (Girls Inc.)

FRIDAY

- Ontario Works Drop-In: 12-2PM every 2nd Friday
- Education Support: 12-2PM (KLC)
- Pizza Drop-In: 12-3PM
- Counselling: 1-3PM every 2nd Friday (Resolve)